The Gulfcoast Orthopaedic Rehabilitation Conference is an event designed to bring orthopaedic surgeons, physical and occupational therapists together in an educational forum. Through a series of didactic lectures, leading area surgeons will discuss the treatment of various upper and lower extremity conditions and the role physical and occupational therapy plays in the management of these disorders. Multiple panel discussions allow for the therapists to interact with the surgeons in an effort to have open question and answer sessions between sets of lectures. The goal of this course to provide continuing education for physical and occupational therapists and Continuing Educational Units (CEU’s) can be claimed by those therapists attending this conference.
3rd Annual Gulfcoast Orthopaedic Rehabilitation Conference
August 27th, 2016

Course Directors

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David Klein, M.D.
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Ed Stolarski, M.D.
Kennedy-White Orthopaedic Center

Paul Lento, M.D.
Sarasota Orthopaedic Associates
7:00–7:30 am – Breakfast: Bagels, Coffee, Assorted Teas
7:30-8:10 am - Course Registration and Sign In

8:15-8:20 am - Introductions and Acknowledgment of Industry Supporters  Derek Cuff, MD

SESSION I

8:20-8:35 The Surgeon-Therapist Relationship  Derek Cuff, MD
8:35-8:50 Tennis and Golfer’s Elbow: Non-op and Operative Options  David Klein, MD
8:50-9:05 Rehab after Rotator Cuff Repair: Where are we in 2016  Derek Cuff, MD

9:05-9:30 Question and answer session regarding these topics

SESSION II

9:30-9:45 Hand Arthritis: Adapt the Task vs. Changing the Hand  Stephen Helgemo, MD
9:45-10:00 Dupuytren’s Contracture: Current Treatment Options  Michael Gordon, MD
10:00-10:15 Rehab after Shoulder Replacement: Mistakes to Avoid  Derek Cuff, MD

10:15-10:40 Question and answer session regarding these topics

SHORT REFRESHMENT BREAK- 10:40-11:00

SESSION III

11:00-11:15 Achilles Tendon Tears: Non-operative vs Operative Treatment  Patrick O’Neil, MD
11:15-11:30 Proximal Humeral Fractures: How to Rehab  Derek Cuff, MD
11:30-11:45 Rehab and Return to Play after ACL Reconstruction  Dan Lamar, MD

11:45-12:10 Question and answer session regarding these topics

LUNCH BUFFET- 12:10-12:50

SESSION IV

1:00-1:15 Therapist Role after Outpatient Total Joint Surgery  Ed Stolarski, MD
1:15-1:30 Soft Tissue in Injuries of the Thigh  Johnny Gibbs, MD
1:30-1:45 Rehab Mistakes after Total Hip or Knee Replacement  Sean Dingle, MD

1:45-2:10 Question and answer session regarding these topics
Session V

2:15-2:30  The Myth of the Core: Where is the Evidence?  Paul Lento, MD
2:45-3:00  Extensor Mechanism Injury of Knee: Treatment and Rehab  Joe Noah, MD
3:00-3:15  Early Rehab Goals after Hip Fracture Surgery  Jeff Silverstein, MD
3:15-3:25  Questions and answer session regarding these topics

FINAL REMARKS AND ADJOURN- 3:25-3:30

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To ensure balance, independence, objectivity and scientific rigor in all sponsored educational activities, all participating speakers, course directors and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Relationships of spouse/partner with proprietary entities producing health care goods or services should be disclosed if they are of a nature that may influence the objectivity of the individual in a position to control the content of the program. Specific disclosure information for each speaker, course director and planning committee member will be shared with the audience prior to the speaker’s presentation.